

Nihao School

Potty Training Guide

Supporting Independence with Confidence



At Nihao School, potty training is a developmental journey we support together. Our approach focuses on readiness, consistency, and positive encouragement—helping each child build confidence at their own pace.



WHEN POTTY TRAINING BEGINS

- Begins in the 3-year-old program
- Ages 2–3 are a transition period
- Children are encouraged to:
 - Wear pull-ups
 - Learn routines
 - Build independence gradually



WHAT TO BRING (3-YEAR PROGRAM)

- At least 5 pairs of training underwear
- Extra clothing
- Zip-lock bags for soiled items



SIGNS OF READINESS

- Staying dry for longer periods
- Showing interest in the bathroom
- Communicating needs
- Discomfort with wet diapers
- Following simple instructions



WHAT TO EXPECT

- Accidents are normal
- Progress takes time
- Each child develops at their own pace



OUR SCHOOL APPROACH

- Gentle reminders (no pressure)
- Consistent routines
- Encouraging independence
- Positive, shame-free environment
- Collaboration with families



IMPORTANT POLICIES

- Soiled clothing is sent home daily
- School does not wash items
- Teachers communicate progress
- Consistency between home and school is encouraged



HOW FAMILIES CAN SUPPORT

- Keep routines consistent
- Use easy-to-manage clothing



- Encourage without pressure
- Communicate with teachers



CLOSING NOTE

Every child develops at their own pace. Our goal is to build confidence, independence, and comfort—not to rush milestones.

