



Nihao School Social-Emotional Guide

Supporting Confidence, Connection, and Emotional Growth



At Nihao School, social-emotional development is at the heart of everything we do. We support children in learning how to express their feelings, build relationships, and navigate daily experiences with confidence and care.

♥ WHAT THIS MEANS ♥ ☁

- Recognizing and expressing emotions
- Building relationships
- Developing empathy and kindness
- Managing frustration
- Growing independence

💡 OUR APPROACH AT NIHAO 💡

- Consistent routines
- Simple, clear language
- Guided interactions (sharing, turn-taking)
- Observation-based support

👧 GUIDANCE & BOUNDARIES 👧

At Nihao School, behavior is part of learning. We focus on guiding and teaching—not punishment.

☀️ WHAT THIS LOOKS LIKE

- Clear expectations
- Calm redirection
- Modeling respectful communication
- Supporting problem-solving

☁️ WHEN CHALLENGES HAPPEN

- Hitting or grabbing
- Frustration
- Difficulty sharing

These are normal parts of development and are treated as learning opportunities.

🌱 IMPORTANT BOUNDARIES

- Unsafe behavior is addressed immediately
- Children may be separated briefly to reset
- Teachers provide close supervision

No physical punishment, no shaming, no punitive discipline systems.

GUIDANCE BY AGE

👶 Infants (Under 1 Year)

- Build trust through responsive care

👧 Toddlers (1–2 Years)

- Strong emotions, limited language; Focus on naming feelings and redirection

👦 Preschool (2+ Years)

- Learning sharing and problem-solving
- Building independence

Each child develops at their own pace.

🌙 WHAT TO EXPECT 🌙

- Emotional ups and downs are normal
- Behavior develops over time
- Children learn through repetition and guidance

🏠 FAMILY PARTNERSHIP 🏠

- Talk about feelings at home
- Keep routines consistent
- Encourage independence
- Communicate with teachers

"Social-emotional growth takes time, patience, and partnership. Together, we create a space where children feel safe, understood, and confident."