

# Nihao School

## Development Milestones Guide

Supporting Growth from Infancy to Kindergarten Readiness



Development is a journey, and each child grows at their own pace. We support this unique path through consistent routines, nurturing relationships, and meaningful play-based learning experiences, every step of the way.

### HOW DEVELOPMENT HAPPENS AT NIHAO

- 🕒 Learning through routines (clock)
- 🗣️ Language through immersion (speech)
- ❤️ Social-emotional development (heart)
- 🌱 Independence building (seedling)
- ★ Play-based exploration (star)

### 👶 Infants (3–12 Months)

#### 😊 WHAT YOU MAY SEE

- Tracking movement with eyes
- Babbling and cooing sounds
- Reaching for objects

#### 👉 HOW NIHAO SUPPORTS

- Responsive care and bonding
- Tummy time and sensory play
- Language-rich environment

### 👧 Young Toddlers (12–24 Months)

#### 😊 WHAT YOU MAY SEE

- First steps and mobility
- Saying first words/gestures
- Showing curiosity in environment

#### 👉 HOW NIHAO SUPPORTS

- Safe exploration spaces
- Simple language and songs
- Encouraging self-feeding

### 👦 Toddlers (2–3 Years)

#### 😊 WHAT YOU MAY SEE

- Simple phrases and questions
- Engaging in parallel play
- Expressing strong emotions

#### 👉 HOW NIHAO SUPPORTS

- Structured and free play
- Modeling social skills
- Naming feelings and patience

### 🎒 Preschool (3–5 Years)

#### 😊 WHAT YOU MAY SEE

- Complex storytelling and ideas
- Cooperative play with peers
- Following multi-step directions

#### 👉 HOW NIHAO SUPPORTS

- Project-based learning activities
- Group problem-solving activities
- Building pre-academic skills

### 🎓 KINDERGARTEN READINESS

- Confidence in group settings
- Following routines
- Communication skills
- Social-emotional development
- Independence

### 🏠 FAMILY PARTNERSHIP

- Share milestones and concerns
- Extend learning at home
- Participate in school events
- Maintain open communication

*Each child's journey is unique and unfolds beautifully in its own time. We are honored to partner with you in nurturing their growth, confidence, and joy.*